

BioBasics

22-23 OCTOBER

WORKSHOP 2011

FOR CRANIAL OSTEOPATHY

Fluids, Fluctuations and Circulations

What is it? The BioBasics courses emerged from the Biodynamics curriculum within osteopathy in the cranial field. These have been held regularly in the U.S.A. since 1991, and also in Australia for several years. The intention is to offer an affordable, supported community space in which osteopaths can explore the traditional osteopathic principles of:

- Acknowledging the whole: The existing capacity of the body to recognise and support function at all levels.
- Recognising that the existing shape, tone and motion patterns in the patient is the best demonstration of the treatment plan being expressed in the moment.
- Exploring functional approaches designed to support the organising principles inherent within the body.

Is it for me? There is no previous skill or training level required to attend this event, which is open to final year undergraduates and graduate osteopaths from all backgrounds who would like to explore the Heart of Osteopathy in a closely supported and guided space with experienced supporting tutors on a one-to-one basis.

What is the theme? The BioBasics weekend will be an annual event anchored around speakers exploring a different topic each year, with plenty of time for exploring the themes hands-on and discussing with your tutor. The 2011 theme will be:
Fluids, Fluctuations and Circulations.

Topics to be explored include:

- What is fluid? The evolution of the concepts of fluids in osteopathy;
- The clinical relevance of fluids in osteopathic practice;
- The relationship between tissue and fluid;
- Fluids in the self-regulating, self-healing system of the body;
- Motion and stillness in fluid;
- Lateral and longitudinal fluid fluctuations.

Where will it be held? The 2011 event will take place at The Columbia Hotel, Lancaster Gate, London W2 3NS.

Bookings: See the website www.biobasics.co.uk for more details. Places will be limited to 50 participants/students and offered on a first come first served basis.